Learning By Doing

4-K Clubs Newsletter

Issue 9, September 2023

4-K Club Winners Awarded at Nairobi Show

In this Issue:

Our Dedication to 4-K Club Excellence Paid off.

Cultivating Success and Community Impact

A Glimpse into the Transformative Experience at Mombasa International Show

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Hello everyone! In this September issue, we bring you news of a celebration. In the month of September, we are celebrating the winners of the 4-KCLUBPAS 2023 Competition. During this month, we also attended the NITF, and we will tell you about the wonderful demonstration we set up at the 4-K Clubs and Young Farmers stand at the Jamhuri Showground. Additionally, we share information about the different partners who showcased various activities. Most importantly, we introduce you to our young exhibitors who left our guests in awe. As always, we encourage you to keep writing to us about your 4-K Club activities at school and even at home. Enjoy.

Charles Lusweti, Editor

Editorial Team

Editorial team

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4-K Clubs Programme

Learning By Doing

About 4-K Clubs

What is a 4-K Club?

4-K Clubs are groups of learners in Primary and Junior Secondary Schools brought together to learn and practice agriculture while having fun and becoming responsible members of the society. The four "K"s stand for "Kuungana, Kufanya, Kusaidia Kenya," which translates to "Uniting, Doing and Helping Kenya" in Swahili.

Why 4-K Clubs?

The 4-K Clubs Programme aims to change learners mindset towards agriculture. This can be achieved through inculcating the practice of agriculture and agribusiness in children from a young age to enhance food and nutrition security. 4-K Clubs also help to develop leadership and good citizenship among the youth.

4-K Clubs Thematic Areas

- Agricultural projects
- Agri-nutrition
- Environmental Conservation
- Science, Technology, Engineering and Mathematics (STEM)
- Civic Engagement and Citizenship

The thematic areas are delivered using the Positive Youth Development (PYD) model.

How to Start a 4-K Club

Schools that are ready to establish 4-K Clubs are encouraged to designate Patrons who will guide learners in forming the clubs. Patrons can get relevant advice from the programme manuals, website as well as programme ToTs. With the guidance of the Patron, the 4-K Club members should initiate projects and associated club activities. After the club is formed the patron should register the 4-K Club through the provided registration link. Registration ensures that the 4-K Clubs Programme will actively support implementation of 4-K Clubs in schools.

To register, scan the QR Code

Contacts

Email: info@4-kclubs.go.ke

Website: www.4-kclubs.go.ke

Dear Editor

The Marathon of Life

Gladys Yeswa-Intern-YMAP Unit

In the echoes of Kipchoge's footsteps lies a narrative transcending the finish line. It is a story of dreams ascending like peaks, casting shadows of uncertainty yet promising something extraordinary. If your dreams do not send shivers, they lack substance.

Another story unfolds in schools, where 4-K Clubs are quietly cropping up. Like Kipchoge, they show triumph comes from dedication. They ignite a passion for agriculture in young hearts. We often admire glory but overlook the hidden struggles and sacrifices behind every victory. Similarly, 4-K Clubs achieve remarkable feats that defy norms.

They nurture a generation of agricultural enthusiasts, on a journey of unseen dedication, like marathoners towards the finish line. Kipchoge's legend reminds us dreams need courage to become reality. 4-K Club members dare to dream of a future where agriculture is a way of life and take determined steps to make it real.

It is not just their responsibility. If we yearn for a nation free from hunger and full of abundance, we must act. The 4-K Clubs are the doers and change-makers. As November paints the world with shades of gold and rust, a marathoner's undistracted pursuit of victory parallels the young generation's journey of effort in 4-K Clubs.

Agriculture is therapy for the soul and a gift that multiplies, just like 4-K Clubs have seen small seeds flourish into bountiful harvests. Let's sow the seeds of change, run our race with unwavering conviction, and make strides toward our dreams. The seeds of change have been sown, and the finish line is only the beginning.

Learning By Doing

4-K CLUBS Newsletter

TO ALL 4-K CLUB MEMBERS, PATRONS AND STAKEHOLDERS!!

The 4-K Club Programme will be publishing a monthly online newsletter to highlight progress in 4-K Clubs across the county!!

OBJECTIVE

To inform stakeholders about the involvement of young learners in agriculture for food and nutrition security

GUIDELINES FOR ARTICLES

1. Letters to the editor (200-250 words)
2. Stories from 4-K Club Members (300-400 words)
3. Stories from 4-K Club Patrons (300-400 words)
4. Other stories from partners and agriculture sector in general (600-700 words)
5. Puzzles, games, other fun (Images to fit in quarter page, size A4)
6. Champion of the month (Images to fit in quarter page, size A4 plus short explanation on why champion has been nominated, 200-250 words)
7. An advertisements page (Image and text to fit in one size A4 page

To be received not later than 15th day of the month

GUIDELINES FOR IMAGES

Please attach one or two photos of high quality (preferably in original jpeg format). If there are photos with children in it, ensure parental consent has been given before sharing the photos

SEND YOUR ARTICLES TO:
THE EDITOR
4-K CLUBS NEWSLETTER
MINISTRY OF AGRICULTURE AND LIVESTOCK DEVELOPMENT
YOUTH IN AGRICULTURE UNIT
EMAIL: info@4-kclubs.go.ke or 4kclubske@gmail.com

KUUNGANA, KUFANYA, KUSAIDIA, KENYA

Nairobi International Trade Fair, 2023

The Nairobi International Trade Fair, 2023 was a pivotal platform for the 4-K Clubs, hosting various engaging activities. Among the highlights was the recognition of the top three 4-K Clubs from the 4KCLUBPAS 2023 Competition. These schools' journeys and experiences during the competition and the awarding offer unique insights, reflecting the diverse impact and experiences as they share below.

A Testament to the Dedication and Hard Work

Patron St Luke's school for the deaf 4-K Club

I am delighted to share with you the incredible journey of St. Luke's School for the Deaf, where the 4-K Club program has made a profound impact on both our students and our community.

Located in Embu County, our school has been a dedicated participant in the 4-K Club program since 2019, thanks to a collaborative effort with the Embu County government. In July 2022, we officially registered our 4-K Club with the Ministry of Agriculture and Livestock Development's 4-K Program.

Our school has a unique focus, providing specialized education for students with hearing impairments. We cater to learners from early childhood through pre-Primary, Primary, and Junior Secondary, adapting to both the 8-4-4 system and the current Competence-Based Curriculum (CBC) 2-6-3-3-3 system. Our school community comprises 121 learners, guided by 16 dedicated teachers and supported by 8 staff members.

This year, we achieved something truly remarkable. In the 4KCLUBPAS 2023 Competition, with 124 schools participating, St. Luke's School for the Deaf emerged as the number one school. Our journey with the 4-K Club program has been transformative, and this victory is a testament to the dedication and hard work of our students and staff.

Our 4-K Club is a hub of activity, encompassing various agricultural projects. We engage in fruit tree farming, nurturing macadamia, avocado, and mango trees. Our school's green spaces are a testament to our commitment to environmental conservation. We are also involved in banana farming, vegetable cultivation, tree nursery development, and exciting ventures like poultry farming, banana value addition projects, and soon, fish farming.

One unique aspect of our school is the seamless integration of practical learning into our curriculum. We do not draw a distinct line between skills development and our 4-K Club activities. Learning by doing is our way of life. From the moment students join our school, they are mentored in the club's programs, fostering a deep connection to the land and it's potential.

Our journey with the 4-K Club program has not only enriched our students with valuable life skills but has also instilled a sense of responsibility towards environmental conservation and community service. The program's impact is evident in the well-rounded education our students receive, as well as the meaningful contributions they make to our community.

Being the number one school in the 4KCLUBPAS 2023 Competition is an achievement that fills us with immense pride. It exemplifies the transformative power of the 4-K Club program and underscores the incredible potential of youth to drive change.

We would like to express our heartfelt gratitude for the continued support and collaboration that has made this journey possible. Our achievements are a testament to the program's capacity to empower young minds and, in turn, transform our community.

St. Luke school for the deaf 4-K Club displaying their awards

Our Dedication to 4-K Club Excellence Paid off

Tsofa Kazungu. Mazeras Maua 4-K Club Patron

As the patron of the Mazeras Maua 4-K Club, it is an honor to share our club's journey that culminated in our participation and recognition at the 2023 Nairobi International Trade Fair (NITF). This account is a testament to our dedication to 4-K Club excellence and the impact it has had on our community. The agricultural show we attended was an awe-inspiring experience, offering valuable insights for our learners. The subsequent award ceremony was nothing short of fantastic. Our excitement knew no bounds as we were awarded trophies, silver medals, and had the privilege of capturing a group photograph with the Prime Cabinet Secretary, Hon. Musalia Mudavadi.

Mazeras Maua 4-K Club receiving the first runners trophy award from the Prime Cabinet Secretary, Hon. Musalia Mudavadi

Our club, the Mazeras Maua 4-K Club, holds a distinct position as a registered Center of excellence in Kasemeni ward, Samburu sub-county, Kwale County. We were honored to be the first runners up champions of the 2023 Presidential Awards Scheme (PAS).

The journey commenced with rigorous Training of Trainers (TOT) sessions at Matuga School of Government in January 2023. Mazeras Primary, an epitome of excellence, officially established the Mazeras Maua 4-K Club. Our subsequent registration for the Presidential Awards Scheme marked the initiation of a transformative way forward. Through the dedication of our members, unwavering parental support, and collaborative efforts with the administration, our project thrived. The success of our endeavors attracted several schools for benchmarking and community members eager to learn about kitchen gardening.

Our dedication and hard work earned us an invitation to the 2023 Nairobi International Trade Fair, where we were recognized and honored. The impact of this recognition was substantial, propelling our Club to a prestigious standing in our region and inspiring widespread interest and participation in the 4-K Club initiative.

Looking forward, our vision extends beyond present accolades. We are driven to propagate agricultural knowledge by encouraging learners to embrace the 4-K Club initiatives. Recognizing the vital role of youth in agri-business, we envision involving young learners in agricultural practices from an early age, addressing the persistent issue of food insecurity while contributing to the national economy.

The journey to this achievement was an engaging and collaborative experience. My sincere gratitude goes out to all stakeholders who played an instrumental role in our journey. The Mazeras Maua 4-K Club remains resolute in advancing the Club initiative, and committed to raising the Club's flag to greater heights in our beloved country.

Mazeras Maua 4-K Club celebrating a first runners up trophy award

Collaborative Efforts Propelled the Club to Recognition and Accolades

Joseph Silali, Patron Amagoro Primary School 4-K Club

4-K Club Champions pose for a photo with the Prime Cabinet Secretary, Hon. Musalia Mudavadi

In response to the implementation of the CBC curriculum, the 4-K Club was conceived as a proactive approach to encourage hands-on learning and nurture the self-reliance and unique talents of learners.

The journey commenced with class projects centered on crop cultivation. As enthusiasm grew, learners actively engaged in planning and managing agricultural plots. Their commitment was encouraging as they brought farm implements from home and dedicated time, even after regular classes, to cultivate the farm. This hands-on approach provided invaluable insights into crop management practices, distinguishing the club through the diligence and dedication of both students and teachers. Their collaborative efforts propelled the club to being recognized as the second runners up in the 4KCLUBPAS 2023 Competitions.

The excitement soared when the club secured an invitation to attend the Nairobi International Trade Fair for the awarding of the top three 4-K Clubs nationally, validating their hard work.

The day of celebration finally arrived, and anticipation filled the air as the young members eagerly awaited their awards. The joy and pride they felt were immeasurable, especially upon being recognized by the Prime Cabinet Secretary an awe-inspiring moment that will forever be etched in their memories.

Expressing deep appreciation, the 4-K Club extended heartfelt thanks to the national organizers and dedicated teachers who provided unwavering support and guidance. Special acknowledgment was reserved for Ms. Jane Njeru, the communication officer of the 4-K Club, whose instrumental role in creating an informative platform, and Good testimony international school 4-K Club for the warm welcome and introduction of the learners at the show.

The award served as a catalyst, igniting a greater sense of dedication among the club members. Their motivation surged to expand agricultural initiatives within the community and beyond, aspiring to positively impact lives on a larger scale.

Looking forward, the Amagoro New 4-K Club members envisioned broadening their agricultural activities to make a meaningful impact within their community and country. The establishment of additional projects within their school is a key aspiration, reflecting their dedication to ongoing growth and progress.

The 4-K Club urged other educational institutions to establish active clubs, recognizing their pivotal role in imparting valuable farming knowledge to the youth in society. Beyond educational values, these clubs inspire the creation of impactful projects within the school community. A testament to this aspiration is the ongoing construction of their school gate, currently at phase four of development, showcasing the positive strides made through their 4-K Club initiative.

Amagoro New 4-K Club receiving an award from the Prime Cabinet Secretary, Hon. Musalia Mudavadi

1. *Mazeras maua 4-K club after receiving the first runners up award*
2. *St Luke school for the deaf posing for a group photo at the Nairobi Internatioal Trade Fair 2023.*
3. *4-KCLUBPAS 2023 winners pose for a photo with the CEO Elgon Kenya Dr. Bimal Kantari and Director Baiju Kantaria, major supporters of the 4-K Clubs*
4. *H.E. President Ruto engaging with the 4-K Club members from Good Testimony International School, their Headteacher Madam Mary looks on*
5. *H.E. President Ruto taken through a Model farm by Good Testimony 4-K Club members*
6. *Various crops that were grown at the 4-K Clubs demo site*

Charles Lusweti welcoming H.E. President Ruto to the 4-K Club demo site at Nairobi Show

4-K Clubs Shine at the Nairobi ASK Show 2023

By Jane Njeru, Communications Officer, 4-K Club Programme

The Nairobi International Trade Fair, 2023, under the theme "Promoting Climate Smart Agriculture and Trade Initiatives for Sustainable Economic Growth," became the stage for the participation of the 4-K Clubs. Their mission to revolutionize the perception of agriculture among Kenya's youth, inspiring a new generation of agricultural leaders and showcasing the potential of agribusiness as a rewarding career path.

The 4-K Club program is a unique initiative aimed at empowering school-going children with agricultural and life skills. It seeks to debunk the myth that agriculture is only for older generations while instilling a deep sense of connection to the land and the possibility of making a difference through agribusiness. The program's philosophy revolves around teaching young minds that the earth is not just a piece of land, but a source of life, wealth, and countless opportunities.

The Nairobi International Trade Fair, 2023, served as the platform for the 4-K Club, where the program's young farmers had the chance to get their hands dirty, quite literally, and proudly display the results of their hard work. The event's atmosphere showcased the incredible potential of these young farmers to transform the face of agriculture in Kenya.

Before the show, these 4-K Club members embarked on an educational journey that instilled in them the importance of good agricultural practices. Support from the patrons they tended to various crops like maize, beans, kale, capsicum, and tomatoes. This involved adhering to best practices from land tillage, planting, irrigation, and pest management to post-harvest handling. They even adopted innovative techniques like the push and pull method to control pests, demonstrating their deep understanding of agriculture.

The spirit of learning and innovation didn't stop at crops; it extended to livestock as well. The young farmers participated in livestock categories, raising rabbits, pigs, and poultry, in addition to their crop displays. Their presentations were thorough and well done, showcasing an understanding of each step in their agricultural projects, from establishment to post-harvest handling.

One of the most striking aspects of their demonstrations was the multi-storey kitchen gardens. These gardens proved that even with limited space, one could efficiently grow vegetables for personal use and potential sale. They were educational for urban farmers and those with small spaces, showing that agriculture is not confined to large fields but can thrive in the smallest of spaces.

The 4-K Club program's reach went beyond just the young participants. The event attracted a diverse audience, including dignitaries such as the President, the Nairobi Governor, and the PS of Agriculture, highlighting the growing interest in 4-K Club activities and their contribution to changing the narrative about agriculture among the youth.

The positive impact of the program was evident on many fronts. Firstly, it significantly enhanced the participants' understanding of various agricultural practices, techniques, and technologies. They not only learned about farming but also developed a deep appreciation for the environment and sustainable practices. Through competitions and exhibitions, the program provided opportunities for skill development among the young participants, helping them build confidence and explore potential career paths in agriculture. These young farmers were not only becoming experts in the field but also budding entrepreneurs who could see agriculture as a profitable venture.

Collaboration was a key theme throughout the event. Partners like Elgon Kenya, Koppert Kenya, Tony, and IFNUS contributed significantly, offering support and resources to the 4-K Club program. Their involvement further fueled the program's success and highlighted the importance of a collective effort in promoting agriculture among the youth.

One of the highlights of the event was the visit of President H.E Dr. William Ruto. His presence served as a powerful inspiration, not only to the young farmers but also to everyone involved in the 4-K Club program. His recognition of their outstanding efforts further motivated them to pursue their mission with even greater passion and dedication.

Learners from Beadom Tembo Court School participate in the quizes at the 4-k club stand to win prizes

A significant component is the 4-K Club Presidential Award Scheme (4-KCLUBPAS). Several schools actively participated in this competition, providing details like the name of the 4-K Club, registration number, patron's name, and entry category (crops, livestock, aquaculture, or mixed farming). The judging process was rigorous, considering factors such as innovation, sustainability, and presentation. The winners of the 4KCLUBPAS were celebrated during the show, receiving awards and certificates for their excellence.

The 4-KCLUBPAS competition had a significant impact on promoting agricultural education and activities. It not only recognized outstanding schools but also motivated others to actively participate in the 4-K Club program and strive for excellence in their agricultural projects. It highlighted the potential of these young farmers to become leaders in the agricultural sector, contributing to the country's food security and economic growth.

The participation of 4-K Clubs at the Nairobi International Trade Fair, 2023 has been a resounding success. It has significantly transformed the perception of youth towards agriculture, emphasizing its potential as a viable and rewarding career path. The program's emphasis on learning, innovation, and collaboration has set a strong foundation for the future of agriculture in Kenya.

The NITF 2023, has been a testament to the potential of young farmers and the 4-K Club program. It has shown that agriculture is not just about tilling the land; it is about nurturing the future of the country and building a better world for generations to come. With each crop sown and each lesson learned, these young farmers are sowing the seeds of change and progress.

The journey continues, and with the right support, these young agricultural leaders will continue to thrive, bringing vitality and innovation to Kenya's agricultural sector. Together, we can nurture a new generation of farmers, breaking stereotypes and cultivating a brighter future for our nation.

4-K club members explaining to visitors management and production processes

A Glimpse into the Transformative Experience at Mombasa International Show

Elikana Mghanga, Patron of the 4-K Club at Kirutai Primary School

Our recent journey with the 4-K Club at Kirutai Primary School to the Mombasa International Show has been inspiring. We had the privilege of immersing ourselves in the environment of the show and interacting with forward-thinking patrons like Mr. Kariuki and Madam Mejumaa Ngao from Mombasa County, which expanded our perspectives and aspirations.

The Mombasa show was a rich source of knowledge. We learned about the art of cultivating an innovative kitchen garden, carefully selecting seed varieties that suit different climates. These valuable insights are fundamental in transforming our school's agricultural landscape.

Building on this transformative experience, we are eagerly preparing for a visit in the Nairobi show next year, accompanied by our enthusiastic 4-K Club members. We anticipate a wealth of learning and exposure, and we are ready to push the boundaries.

During this journey, we extend our heartfelt gratitude to remarkable figures who have supported our mission. Madam Janet Oben, a pioneering ambassador to Rwanda, former MD Ambassador John Mwangemi, ex-Governor John Mruttu, and Voi MP Hon Abdi Chome have quenched our thirst for progress by providing a lifeline, water to our arid region. Our rise to the tenth position on the national stage and the honor of being Taita Taveta County's top achiever in the 2023 4-KCLUBPAS are direct results of their unwavering support.

Demo showing how to utilize plastic waste containers in farming

The impact of our 4-K Club resonates throughout our community, reshaping mindsets and practices. Every household now proudly hosts a thriving kitchen garden, a testament to our achievements. Madam's contribution, especially the water bowser, stands as the foundation of our success in this parched land, where access to tap water remains a distant dream.

As we reflect on this transformative journey and envision the limitless future, we remain steadfast in our commitment to cultivate not only plants but also hope and prosperity. The 4-K Club at Kirutai Primary School stands as a symbol of resilience and growth, where the seeds sown today promise a bountiful harvest for generations to come.

H.E. President Ruto chats with learners from Thomas Burke Primary School, Buruburu.

4-K Clubs Programme
Learning By Doing

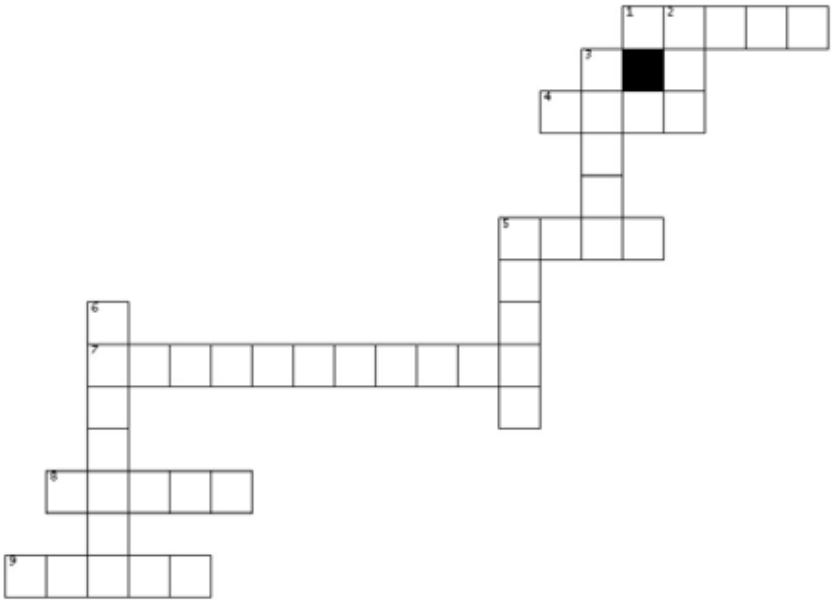
4-K Clubs Presidential Award Scheme 2023 (4-KCLUBPAS 2023) Competition Results

RANK	SCHOOL CLUB	COUNTY	SUBCOUNTY	WARD	SCORE
1	St Luke's School For The Deaf 4-K Club	Embu	Mbeere South	Mbeti South	97.13
2	Mazeras Maua 4-K Club	Kwale	Kinango	Kasemeni	88.00
3	Amagoro New 4-K Club	Trans Nzoia	Kiminini	Waitaluk	80.33
4	DEB Rukira Primary School 4-K Club	Embu	Manyatta	Kithimu	76.27
5	Jamvi La Wageni Primary School 4-K Club	Mombasa	Likoni	Bofu	76.00
6	Gichiche 4-K Club	Nyeri	Othaya	Chinga	75.55
7	Lions 4-K Club	Machakos	Machakos Town	Machakos Central	74.97
8	Tombe SDA Primary School 4-K Club	Nyamira	Kitutu Masaba	Manga	74.67
9	Kirwara DEB 4-K Club	Muranga	Gatanga	Gatanga	74.18
10	Kirutai Primary School 4-K Club	Taita Taveta	Voi	Mbololo	74.17
11	Githagara 4-K Club	Muranga	Kiharu	Mugoiri	73.98
12	Ikuvu 4-K Club	Vihiga	Sabatia	North Maragoli	72.63
13	Gatunguru Winners 4-K Club	Kiambu	Gatundu North	Gituamba	71.25
14	Thomas Burke Primary 4-K Club	Nairobi	Makadara	Harambee	70.90
15	Ngutu Primary 4-K Club	Muranga	Mathioya	Gitugi	70.76
16	Hill School 4-K Club	Trans Nzoia	Kiminini	Hospital	70.00
17	Kinoru 4-K Club	Meru	North Imenti	Municipality	69.73
18	AIC Konoin 4-K Club	Trans Nzoia	Kiminini	Sikhendu	69.67
19	Olooseos 4-K Club	Kajiado	Kajiado West	Keekonyokie	69.32
20	Chepkowo Greeners 4-K Club	Bungoma	Mt.Elgon	Chepyuk	69.17
21	Kongit RC Primary School 4-K Club	Bungoma	Mt.Elgon	Kaptama	69.04
22	Mkwachunyi Primary School 4-K Club	Taita Taveta	Voi	Mbololo	68.50
23	Kodiaga Prison Primary School 4K Club	Kisumu	Kisumu West	Central Kisumu	67.67
24	SPA 4-K Club	Kiambu	Ruiru	Kahawa Sukari	67.37
25	Kugerwet Primary School 4-K Club	Bomet	Konoin	Embomos	67.17
26	Munanda 4-K Club	Meru	Buuri	Kiirua/Naari	66.97
27	Mabingwa 4-K Club	Kirinyaga	Gichugu	Baragwi	66.53
28	Kangaru School 4-K Club	Embu	Manyatta	Kirimari	66.13
29	Kimathi 4-K Club	Nairobi	Makadara	Maringo/Hamza	65.50
30	Kyemutheke Primary School 4-K Club	Machakos	Machakos Town	Mumbuni North	65.24
31	Jilishe Ndunda 4-K Club	Embu	Manyatta	Nginda	65.13
32	Good Testimony International School 4-K Club	Nairobi	Embakasi East	Utawala	64.93
33	Junior Farmer Field School 4-K Club	Embu	Mbeere South	Makima	64.47
34	Siakago Primary School 4-K Club	Embu	Mbeere North	Nthawa	64.17
35	Kisatiru Primary School 4-K Club	Vihiga	Sabatia	West Sabatia	64.15
36	Nyasore SDA Primary School 4-K Club	Nyamira	Kitutu Masaba	Rigoma	64.13
37	Bomu Primary School 4-K Club	Mombasa	Changamwe	Changamwe	64.00
38	St. Michael Primary School 4-K Club	Embu	Manyatta	Kirimari	63.98
39	Eaglets 4-K Club	Embu	Manyatta	Kirimari	63.45
40	Emwiru Primary School 4-K Club	Kakamega	Khwisero	Kisa North	63.04
41	St. Paul Makima Primary School 4-K Club	Embu	Mbeere South	Makima	62.90
42	Kiunga the Young Farmers 4-K Club	Lamu	Lamu East	Kiunga	62.47
43	Machungwa 4-K Club	Trans Nzoia	Kiminini	Sirende	62.00
44	Tindereti DEB Primary School 4-K Club	Nyamira	Borabu	Nyansiongo	61.90
45	Mburutani Primary School 4-K Club	Embu	Mbeere South	Makima	61.67
46	Kiminini 4-K Club	Trans Nzoia	Kiminini	Kiminini	61.54
47	Mukhunzulu 4-K Club	Kakamega	Khwisero	Kisa Central	61.40
48	Kalyet AK Mokombet 4-K Club	Nandi	Tinderet	Chemelil/Chemase	60.83
48	Eram Academy 4-K Club	Vihiga	Emuhaya	Central Bunyore	60.83
49	Matepes Primary School 4-K Club	Kajiado	Kajiado South	Rombo	60.23
50	Keginga DEB Primary and JSS 4-K Club	Nyamira	Borabu	Nyansiongo	60.17
51	Emalindi Primary School 4-K Club	Kakamega	Khwisero	Kisa East	60.16
52	Superior 4-Kclub	Mombasa	Nyali	Mkomani	59.83
52	Moi Primary School 4-K Club	Nakuru	Rongai	Soin	59.83
53	Irari Junior 4-K Club	Embu	Mbeere South	Makima	58.73
54	Mkombozi 4-K Club	Machakos	Machakos Town	Muvuti/Kiima-Kimwe	58.68
55	Marshal 4-K Club	Nairobi	Embakasi East	Embakasi	58.67
56	Mambai Primary School 4-K Club	Vihiga	Sabatia	Wodanga	58.40
57	Tassia School 4-K Club	Nairobi	Embakasi East	Embakasi	58.10
58	The Smart Farmers 4-K Club	Makueni	Makueni	Wote	57.23
59	Mundoli Primary School 4-K Club	Kakamega	Khwisero	Kisa Central	57.17
60	Gichiche 4-K Club	Embu	Embu East	Central	56.90

4-K Clubs Presidential Award Scheme 2023 (4-KCLUBPAS 2023) Competition Results

RANK	SCHOOL CLUB	COUNTY	SUBCOUNTY	WARD	SCORE
60	St. Anne's 4-K Club	Machakos	Machakos Town	Mua	56.90
61	Tassia School Annex 4-K Club	Nairobi	Embakasi East	Embakasi	56.67
62	The Greens 4-K Club	Makueni	Kaiti	Kee	56.50
63	Kavyuni Primary School 4-K Club	Machakos	Machakos Town	Kola	56.36
64	Nyalenya 4-K Club	Siaya	Ugenya	West Ugenya	56.25
65	Ushindi 4-K Club	Bomet	Sotik	Rongena/Manaret	55.43
66	Kiatine 4-K Club	Makueni	Makueni	Wote	55.23
67	Kilala AIC Primary 4-K Club	Makueni	Kaiti	Ukia	55.00
68	Kishushe 4-K Club	Taita Taveta	Wundanyi	Wumingu/Kishushe	54.83
69	Naningoi Agribusiness 4-K Club	Narok	Narok East	Mosiro	54.47
70	Viyalo Primary School 4-K Club	Vihiga	Sabatia	Chavakali	54.43
71	Endemu DOK Primary School 4-K Club	Nyamira	Borabu	Esise	54.37
72	St. Dennis Munjiti Primary School 4-K Club	Kakamega	Khwisero	Kisa East	54.27
73	Green Belt 4-K Club	Kiambu	Gatundu North	Mang'U	54.24
74	Munoywa Primary School 4-K Club	Vihiga	Sabatia	Lyaduywa/Izava	53.90
75	Changamkia fursa 4 k club 002	Kwale	Lungalunga	Vanga	53.67
76	St. Paul's Primary School 4-K Club	Nairobi	Makadara	Makongeni	53.57
77	Kasunguni 4-K Club	Makueni	Makueni	Muvau/Kikuumini	53.33
78	Kimua Primary School 4-K Club	Machakos	Machakos Town	Mua	52.97
79	St. Mary's Rwegetha Primary School 4-K Club	Muranga	Gatanga	Gatanga	52.85
80	Visa Oshwal 4-K Club	Nairobi	Westlands	Parklands/Highridge	52.80
81	Top Achievers 4-K Club	Nyamira	West Mugirango	Bogichora	52.17
82	Mwongori SDA Primary School 4-K Club	Nyamira	Borabu	Mekenene	51.67
83	Lotego Primary School 4-K Club	Vihiga	Sabatia	Busali	51.35
84	Kangii 4-K Club	Kitui	Kitui West	Mutonguni	51.17
85	Waa 4-K Club	Kwale	Matuga	Waa	50.33
86	Mlimani 4-K Club	Nyamira	Borabu	Nyansiongo	50.27
87	Kogonda Primary School 4-K Club	Homa Bay	Kabondo Kasipul	Kabondo East	48.77
88	Makongo SSD 4-K Club	Makueni	Makueni	Wote	48.50
88	Urua Primary School 4-K Club	Embu	Mbeere South	Makima	48.50
89	Hon. Wetangula 4-K Club	Bungoma	Kabuchai	Mukuyuni	48.00
90	Chipukizi 4-K Club	Makueni	Kaiti	Ukia	47.50
91	Masaani Primary School 4-K Club	Kitui	Mwingi West	Kyome/Thaana	46.83
91	Shinning Star 4-K Club	Mombasa	Kisauni	Shanzu	46.83
92	Kapsosurwo Primary School 4-K Club	Bomet	Sotik	Ndanai/Abosi	46.53
93	Super Stars 4-K Club	Kajiado	Kajiado South	Rombo	46.41
94	Green Farm Farmers 4-K Club	Machakos	Machakos Town	Kalama	45.93
95	Ebunangwe Primary School 4-K Club	Vihiga	Emuhaya	North East Bunyore	45.53
96	Prestige 4-K Club	Kwale	Matuga	Waa	44.90
97	Ithanzeni 4-K Club	Makueni	Kaiti	Ukia	44.80
98	Kaptegot Primary 4-K Club	Bomet	Bomet Central	Chesoen	43.83
99	Jitihada 4-K Club	Kilifi	Kilifi South	Mtepeni	42.50
100	ACK Manyati Primary School	Embu	Mbeere South	Makima	42.07
101	Samoei 4-K Club	Bomet	Bomet Central	Chesoen	41.70
102	Our Lady of Mercy Nairobi 4-K Club	Nairobi	Starehe	Nairobi South	39.63
103	Wachara Karungu 4-K Club	Migori	Nyatike	Kachien'G	39.38
104	Tushikiriane 4-K Club	Bomet	Bomet Central	Chesoen	39.03
105	Lions 4-K Club	Embu	Mbeere South	Makima	39.00
106	Chipukizi 4-K Club	Nyamira	Kitutu Masaba	Magombo	38.37
107	Bogwendo PAG Primary School 4-K Club	Nyamira	Kitutu Masaba	Magombo	38.23
108	The Young Farmers 4-K Club	Kwale	Msambweni	Gombatobongwe	35.17
109	Kiplokyi Slopes Academy 4-K Club	Bomet	Bomet Central	Chesoen	32.33
110	Consolata Catholic Primary School 4-K Club	Mombasa	Likoni	Timbwani	30.00
111	Kilimo Bora 4-K Club	Nyamira	Kitutu Masaba	Magombo	9.85
112	Upendo 4-K Club	Nyamira	Kitutu Masaba	Magombo	9.70
113	Olkiramatian 4-K Club	Kajiado	Kajiado West	Magadi	8.50
114	Bidii 4-K Club	Mombasa	Jomvu	Miritini	0.00
114	ACK Thika Memorial 4-K Club	Muranga	Gatanga	Mugumo-Ini	0.00
114	Ngomeni Primary School 4-K Club	Kitui	Mwingi North	Ngomeni	0.00
114	Hamuyundi Primary School 4-K Club	Vihiga	Sabatia	West Sabatia	0.00
114	Kivutini 4-K Club	Makueni	Kaiti	Ukia	0.00
114	Kelelwa Primary 4-K Club	Baringo	Mogotio	Mogotio	0.00

QUIZ



ACROSS

1. Which animal is known as the primary source of wool?
4. Main source of water for growing crops in Kenya
5. _____ is a farming practice that involves changing the type of crops in a field from year to year to improve soil health
7. A farming practice involving raising fish
8. The most commonly grown cereal crop in the world
9. What is the main ingredient in bread and many other baked goods?

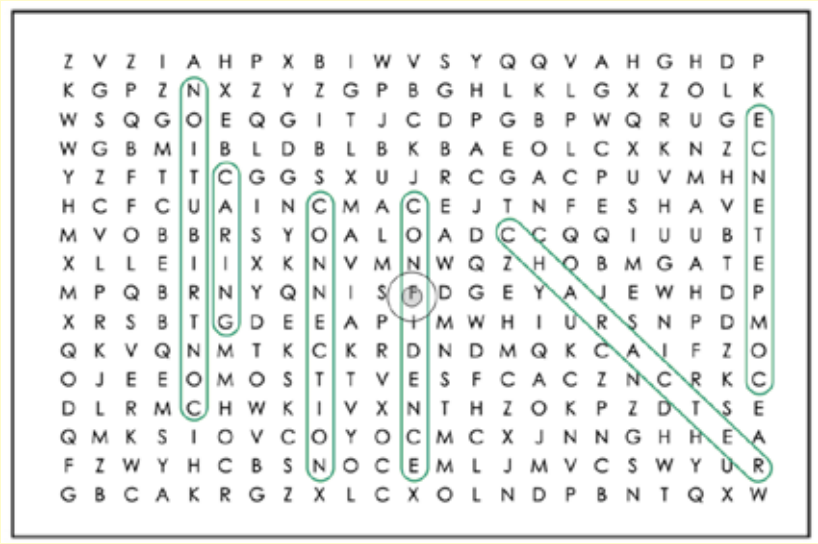
DOWN

2. What do you call a female chicken?
3. A fruit, commonly grown in the dry parts of the country, yellow and orange fleshed when ripe, very sweet, has only one seed inside
5. Which animal is known as the sheep of the desert?
6. A common vegetable found in most Kenyan markets

Use the clues to fill in the words above.

Words can go across or down.
Letters are shared when the words intersect.

Last month's answers



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G	B	C	A	K	R	G	Z	X	L	C	X	O	L	N	D	P	B	N	T	Q	X	W

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